DECEMBER 2021

Lunch Menu Grades K-8

Under OVS schools must OFFER 5 components : Meat/Meat Alternative(M), Grain (G), Vegetable (V), Fruit (F) & Milk



Students must SELECT 3 components at MINIMUM to qualify for a reimbursable meal Students MUST select 1/2 cup of FRUIT or VEGETABLE for meal to be reimbursable

| DAILY OFFERINGS | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------------------------------|---|-----|-----|-----|----------------------|---|-----|-----|-----------------|----------------------|---|--------|---------|-----|----------------|---------------|-----------------------------------|---|---|-----|--------------------|----------------------------------|------------------|-----|-----|
| PIZZA | 3981 | 31 White Pizza (V) | | | | 3990 | Cheese Slice | (V) | | | 3980 | French Bread Pizza (V) | | | | | 3978 | Personal Round Pizza (V) | | | | 399 | Cheese Slice | Cheese Slice (V) | | |
| SALAD | SAL2 8102 | Chef Salad w/ Turkey, Breadstick | | | | SAL9 | Crispy Chicken Salad | | | | SAL3 8102 | Chicken Caesar Salad v | v/ Bre | adstick | (| | SAL9 | Crispy Chicken Salad | | | | | Chef Salad w/ Turkey, Breadstick | | | |
| GNG | 8086 | Sunbutter & Jelly Sandwich (V) | | | | DEL2 | EL2 Turkey & Cheese Hoagie | | | | 8042 8121 8081 | Hummus Cup, String Cheese & Tostitos (V) | | | | | DEL3 | Italian Hoagie | | | DEI | Chicken Ranch Wrap | | | | |
| | | Monday 12/6 | | | | | Tuesday 12/7 | | | | | Wednesday 12/ | 8 | | | | | Thursday 12/9 | | | | Friday 12/10 | | | | |
| | 2077 | | М | G V | F | | | М | G | V F | | | М | G | V | F | | | М | G | V | F | | М | G V | F |
| ENTRÉE | 3977 3970 3966 3965 | Chicken Dumplings (5) w/ Dipping Sauce | 1.5 | 1.5 | | 8112 8054 8080 | Fish Sticks(4) w/ Tartar Sauce & Heartzel Pretzels | 2 | 2.5 | | ent6 or ent2 | Meatball Sandwich or Penne & Meatballs | 2 | 2 0 | .25 | | 3995 | Chicken Nuggets (5) | 2 | 1 | | EN. | Hot Dog on WW Bun | 2 | 2 | |
| 1 | VEG11 | Celery Sticks w/ Dip | | 0. | 5 | SAL4 | Garden Salad w/ Dressing | | | 0.5 | VEG3 | Cucumber Coins w/ Dip | | (| 0.5 | | VEG2 | Broccoli Florets w/ Dip | | | 0.5 | VEC | Baby Carrots w/ Dip | | 0.5 | |
| SE 1-4 | VEG14 | Buttered Carrots | | 0. | 5 | VEG6 | Savory Corn | | | 0.5 | 8061 | Vegetable Juice | | (|).5 | | 8096 | Sweet Potato Fries | | | 0.5 | 800 | Baked Beans | | 0.5 | |
| СНОС | 2000 | Fresh Local Apple | | | 0.5 | 2001 | Fresh Banana | | | 0.5 | 2036 | Fresh Pear | | | (| 0.5 | 2011 | Fresh Grapes | | | 0 | .5 201 | Fresh Orange | | | 0.5 |
| | 3968 | Frozen Strawberry Cup | | | 0.5 | 3992 | Applesauce Cup | | | 0.5 | 8010 | Mixed Fruit | | | (| 0.5 | 8056 | Blended Juice | | | 0 | .5 808 | Craisins | | | 0.5 |
| | | Milk | | | | | Milk | | | | | Milk | | | | | | Milk | | | | | Milk | | | |
| | Monday 12/13 | | | | | Tuesday 12/14 | | | | Wednesday 12/15 | | | | | | Thursday 12/16 | | | | | | Friday 12/17 | | | | |
| \vdash | | | M | G V | F | | | M | G | V F | | | М | G | V | F | | | М | G | V | F | | М | G V | F |
| 00SE 1 | ENT12 | Asian Chicken & Brown Rice | 2 | 1 | | ENT7 | Cheeseburger | 2.5 | 2 | | 3985 | Chicken Tenders (3) | 2 | 1 | | | ENT13 8102 | Mac & Cheese w/ Breadstick (V) | 2 | 2 | | EN ⁻ | Chicken Patty Sandwich | 2 | 3 | |
| S | VEG11 | Celery Sticks w/ Dip | | 0. | 5 | VEG4 | Baby Carrots w/ Dip | | | 0.5 | VEG3 | Cucumber Coins w/ Dip | | (|).5 | | VEG2 | Broccoli Florets w/ Dip | | | 0.5 | VEC | Baby Carrots w/ Dip | | 0.5 | |
| | VEG7 | Broccoli Cuts | | 0. | 5 | 8001 | Baked Beans | | | 0.5 | 8096 | Sweet Potato Fries | | (| 0.5 | | VEG8 | Garlic Green Beans | | | 0.5 | 809 | Curly Fries | | 0.5 | |
| SE 1-4 | 2000 | Fresh Local Apple | | | 0.5 | 2001 | Fresh Banana | | | 0.5 | 2036 | Fresh Pear | | | (| 0.5 | 2011 | Fresh Grapes | | | 0 | .5 201 | Fresh Orange | | | 0.5 |
| СНОО | 3969 | Frozen Peach Cup | | | 0.5 | 8013 | Pineapple Tidbits | | | 0.5 | 3992 | Applesauce Cup | | | (| 0.5 | 8056 | Blended Juice | | | 0 | .5 397 | Diced Pears | | | 0.5 |
| | | Milk | | | | Milk | | | | | Milk | | | | | | Milk | | | | | Milk | | | | |

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Students must SELECT 3 components at MINIMUM to qualify for a reimbursable meal Students MUST select 1/2 cup of FRUIT or VEGETABLE for meal to be reimbursable

| | DAILY OFFERINGS | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|----------------------|---|-----|-----|-----|----------------------|---|---|----------------|-----|----------------------|---|-------------------|--|----------------|------|----------------|--------------------------|---|---|--------------|-----|--|--|--|
| PIZZA | 3981 | 3981 White Pizza (V) | | | | 3990 | 90 Cheese Slice (V) | | | | | French Bread Piz | zza (V |) | | 3 | 3978 | Personal Round Pizza (V) | | | | | 3990 Cheese Slice (V) | | |
| SALAD | SAL2 8102 | | | | | SAL9 | Crispy Chicken Salad | | | | SAL3 8102 | Chicken Caesar Salad w/ Breadstick | | | | | SAL9 | Crispy Chicken Salad | | | | | SAL2 Chef Salad w/ Turkey, Breadstick | | |
| GNG | 8086 | Sunbutter & Jelly Sandwich (V) | | | | | Turkey & Cheese Hoagie | | | | 8042 8121 8081 | Hummus Cup, String Chee | se & ⁻ | ostito | s (V) | | DEL3 | Italian Hoagie | | | | | DEL4 Chicken Ranch Wrap | | |
| | | Monday 12/20 | | | | Tuesday 12/21 | | | Wednesday 12/2 | | | | | | Thursday 12/23 | | | | | | Friday 12/24 | | | | |
| L | 3977 | | М | G V | F | | | М | G | V F | | | М | G | V | F | | | М | G | ٧ | F | M G V F | | |
| ENTRÉE | 3970 3966 3965 | Chicken Dumplings (5) w/ Dipping Sauce | 1.5 | 1.5 | | 8112 8054 8080 | Fish Sticks(4) w/ Tartar Sauce & Heartzel Pretzels | 2 | 2.5 | | 3974 8099 | Breaded Chicken Drumstick w/ Biscuit | 2 | 2.75 | | | | Manager's Choice | 2 | 2 | | | | | |
| | VEG11 | Celery Sticks w/ Dip | | 0.5 | | SAL4 | Garden Salad w/ Dressing | | | 0.5 | VEG3 | Cucumber Coins w/ Dip | | 1 | 0.5 | ٧ | VEG2 | Broccoli Florets w/ Dip | | | 0.5 | | | | |
| SE 1-4 | VEG14 | Buttered Carrots | | 0.5 | | VEG6 | Savory Corn | | | 0.5 | 8016 | Mashed Potatoes | | 1 | 0.5 | 8 | 8061 | Vegetable Juice | | | 0.5 | | WINTER RECESS SCHOOLS AND ADMINISTRATIVE | | |
| СНОО | 2000 | Fresh Local Apple | | | 0.5 | 2001 | Fresh Banana | | | 0.5 | 2036 | Fresh Pear | | | 0 | .5 2 | 2011 | Fresh Grapes | | | | 0.5 | OFFICES CLOSED | | |
| | 3968 | Frozen Strawberry Cup | | | 0.5 | 3992 | Applesauce Cup | | | 0.5 | 8056 | Blended Juice | | | 0 | .5 3 | 3972 | Diced Pears | | | | 0.5 | | | |
| | | | | | | | | | | | 8139 | Chocolate Chip Cookie | | | | | | | | | | | | | |
| | | Milk | | | | | Milk | | | | | Milk | | | | | | Milk | | | | | | | |
| | Monday 12/27 | | | | | Tuesday 12/28 | | | | | | Wednesday 12/29 | | | | | Thursday 12/30 | | | | | | Friday 12/31 | | |
| | | M G V F | | | | | M G V F M G V F M G V F | | | | | | | | | | F | M G V F | | | | | | | |
| CHOOSE 1-4 ENTRÉE | Ī | WINTER RECESS SCHOOLS CLOSED | | | | | | | | | | | | NEW YEARS DAY (OBSERVED) SCHOOLS AND ADMINISTRATIVE OFFICES CLOSED | | | | | | | | | | | |
| E | | | | | | | | | | | | | | | | | | | | | | | | | |